

# **ELK RIVER BOYS TRACK AND FIELD VARSITY RECORDS**

<u>100 M DASH</u>	<u>TIME</u>	<u>YEAR</u>	<u>200 M DASH</u>	<u>TIME</u>	<u>YEAR</u>
1 Bobby Libby	10.80 FAT	1989	<b>1 Justin Pearson</b>	<b>21.89 FAT</b>	<b>2017</b>
2 Mark Swann	10.95 FAT	2016	2 Mark Swann	22.27 FAT	2016
3 John Person	10.8 h	1998	3 Taylor Berger	22.33 FAT	2010
3 Jeremy Chouinard	10.8 h	2001	4 John Person	22.1 h	1998
4 Christopher Udalla	11.10 FAT	2016	5 Jeremy Chouinard	22.44 FAT	2001
5 Mike Lefebvre	10.9 h	1971	6 Bret Hoaglund	22.2 h	1982
5 Jeff Hawkins	10.9 h	1974	7 Morris Dennis	22.51 FAT	2014
5 Jeremy Hemmelgarn	10.9 h	1993	8 Ray Schreckenhaust	22.3 h	1983
8 Duane Lakoduk	11.0 h	1973	9 Bobby Libby	22.3 h	1989
8 Bret Hoaglund	11.0 h	1982	10 Denis Bardashevskiy	22.73 FAT	2013
8 Ray Schreckenhaust	11.0 h	1983			
8 Dennis Kelash	11.0 h	1997			
<b>8 Justin Pearson</b>	<b>11.0h</b>	<b>2017</b>			

<u>400 M DASH</u>	<u>TIME</u>	<u>YEAR</u>	<u>800 M DASH</u>	<u>TIME</u>	<u>YEAR</u>
1 Morris Dennis	48.78 FAT	2014	1 Lucas Trapp	1:50.21 FAT	2016
2 John Person	49.07 FAT	1998	2 Walt Malmstrom	1:54.2 h	1966
3 Lucas Trapp	49.78 FAT	2016	3 Anthony Held	1:55.94 FAT	2007
4 Pat Carr	49.6 h	1983	<b>4 Jacob Heyne</b>	<b>1:57.04 FAT</b>	<b>2017</b>
4 Bryce Daily	49.9 h	1983	5 John Kallemeyen	1:57.8 h	2004
6 Mike Erickson	49.9 h	1988	6 Ryan Trapp	1:58.33 FAT	2013
7 Danny Klotz	50.27 FAT	2007	7 Tom Weinhold	1:58.3 h	1978
<b>8 Justin Pearson</b>	<b>50.45 FAT</b>	<b>2017</b>	8 Christian Leonard	1:59.13 FAT	2016
9 Anthony Held	50.57 FAT	2008	9 Chad Compton	1:59.24 FAT	2002
10 Kevin Schoolmeesters	50.4 h	1988	10 Jay Paulsen	1:59.3 h	1988

<u>1600 M RUN</u>	<u>TIME</u>	<u>YEAR</u>	<u>3200 M RUN</u>	<u>TIME</u>	<u>YEAR</u>
1 Lucas Trapp	4:20.31 FAT	2015	1 John Kallemeyen	9:28.98 FAT	2004
2 John Kallemeyen	4:20.60 FAT	2004	2 Lucas Trapp	9:44.66 FAT	2013
<b>3 Christian Leonard</b>	<b>4:20.82 FAT</b>	<b>2017</b>	3 Warren Hinkle	9:48.4 h	1974
4 John Auel	4:24.00 FAT	1995	4 Tony Thompson	9:52.67 FAT	2004
5 Ryan Trapp	4:26.57 FAT	2013	5 Zach Varty	9:53.91 FAT	2004
6 Ross Anderson	4:28.8 h	1971	6 Mike Kuffel	9:55.1 h	1988
7 Cory Warner	4:29.91 FAT	2016	7 Brian Wold	9:59.63 FAT	2000
8 Mike Kuffel	4:31.3 h	1998	8 Brad Wick	10:00.91 FAT	1997
9 Peter Stewart	4:32.35 FAT	1998	9 Tyler Stevens	10:02.5 h	2010
10 Zach Varty	4:33.25 FAT	2016	10 Jay Paulson	10:02.3 h	1986

# **ELK RIVER BOYS TRACK AND FIELD VARSITY RECORDS**

<u>110 M HURDLES</u>	<u>TIME</u>	<u>YEAR</u>	<u>300 M HURDLES</u>	<u>TIME</u>	<u>YEAR</u>
1 Jeff Hawkins	14.4 h	1973	1 Rick Steblay	38.2 h	1979
1 Rick Steblay	14.4 h	1979	<b>2 Matt Dahlson</b>	<b>38.78 FAT</b>	<b>2017</b>
1 Craig Krupe	14.4 h	1984	3 Craig Krupe	39.0 h	1984
4 Chris Lange	14.98 FAT	2001	4 Logan Grace	39.33 FAT	2012
<b>5 Matt Dahlson</b>	<b>14.99 FAT</b>	<b>2017</b>	5 Keith Barnier	39.1 h	1984
6 Steve Smit	14.8 h	1974	6 Matt Buhmann	39.52 FAT	2010
7 Logan Grace	15.24 FAT	2013	7 Ryan Maloney	39.76 FAT	2009
8 Kevin Skalicky	15.32 FAT	2005	8 Travis Carlson	40.26 FAT	2006
9 Grant Hartman	15.1 h	1976	9 Chris Lange	40.37 FAT	2000
9 Mark Anderson	15.1 h	1983	10 Paul Martin	40.4 h	1998

<u>SHOT PUT</u>	<u>DISTANCE</u>	<u>YEAR</u>	<u>DISCUS</u>	<u>DISTANCE</u>	<u>YEAR</u>
1 Lucas Scheel	55'04.5"	2004	1 Lucas Scheel	172'02"	2004
2 Greg Paffel	54'09.75"	1986	2 Greg Paffel	166'10"	1986
3 Nate Solars	53'09.5"	2007	3 Ron Johnson	160'10"	1987
4 Chris Patullo	53'09"	1997	4 Paul Zabee	159'09"	1986
5 Wayne Becklin	53'02.75"	1972	5 Randy Nielson	155'05"	1972
6 Emery LaPointe	52'07"	1969	6 Chris Patullo	150'10"	1997
7 Blaise Kraljic	51'09.25"	1972	7 Brian Kopesky	149'09"	1978
8 Craig Otto	51'07.25"	1983	8 Craig Otto	148'03"	1984
9 Randy Nielson	51'02"	1972	9 Evan Patullo	144'01"	2000
9 Brian Goldenman	51'02"	1980	10 Nate Solars	143'05"	2007

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<u>TRIPLE JUMP</u>	<u>DISTANCE</u>	<u>YEAR</u>	<u>POLE VAULT</u>	<u>HEIGHT</u>	<u>YEAR</u>
1 Christopher Udalla	47'01.75"	2016	1 Zech Bertilson	14'00"	2007
2 Craig Otto	44'06.5"	1984	2 Jack Kolar	13'06"	2016
3 Lee Olmsted	43'08"	1984	3 Chris Thorndahl	13'03"	2015
4 Matt Clauer	43'06.5"	2007	4 Dan Zahler	13'00.5"	1985
5 Fanaka Ndege	43'05.5"	2013	5 Bob Lashinski	13'00"	1978
6 Mike Donahue	43'05"	1981	5 Jeff Zerwas	13'00"	1980
7 Jay Sykes	43'01.75"	1997	7 John MacIntyre	12'09"	1966
8 Ryan Herrboldt	42'09.5"	1990	8 Jeff E. Smith	12'06"	1984
9 Jeremy Hemmelgarn	42'02.5"	1992	8 Jeff J. Smith	12'06"	1984
10 Jacob Buhl	42'02.5"	2015	9 Zac Hertz	12'06"	2007
			9 Kim Mattson	12'00"	1973
			9 Mike Zahler	12'00"	1975
			9 Ross E Anderson	12'00"	1975
			9 Pat Zahler	12'00"	1976
			9 Odrey Bechtel	12'00"	2013

<u>HIGH JUMP</u>	<u>DISTANCE</u>	<u>YEAR</u>	<u>LONG JUMP</u>	<u>DISTANCE</u>	<u>YEAR</u>
1 Matt Clauer	6'07.5"	2007	<b>1 Christopher Udalla</b>	<b>23'03"</b>	<b>2017</b>
2 Jeff J. Smith	6'07"	1984	2 Mike Donahue	22'09"	1981
2 Andy David	6'07"	2002	3 Ray Schreckenghaust	22'04.5"	1983
4 Jeff Hawkins	6'06"	1974	4 Steve Smit	21'09.75"	1974
4 Jeremy Hemmelgarn	6'06"	1993	5 Frank Kopetka	21'09.5	1971
6 Taylor Berger	6'05.25"	2009	<b>6 Justin Pearson</b>	<b>21'08"</b>	<b>2017</b>
7 Dave Goodin	6'05"	1989	7 Brad Barclay	21'05"	1994
7 Kevin Skalicky	6'05"	2003	8 Lee Frederickson	21'02.5"	2005
7 Andy Gothe	6'05"	2005	9 Cory Chouinard	21'01.25	2011
10 Mike Donahue	6'04"	1981	10 Troy Iliff	21'01"	1983
10 Ryan Herrboldt	6'04"	1990			
10 Christopher Udalla	6'04"	2016			

# **ELK RIVER BOYS TRACK AND FIELD VARSITY RECORDS**

<u>4 x 100 M RELAY</u>	<u>TIME</u>	<u>YEAR</u>	<u>4 x 400 M RELAY</u>	<u>TIME</u>	<u>YEAR</u>
1 Jack Kolar Mark Swann Justin Pearson Christopher Udalla	42.77 FAT	2016	1 Matt Olson Lucas Trapp Nate Wallestad Morris Dennis	3:21.35 FAT	2014
<b>2 Zach Berg Matt Dahlson Justin Pearson Christopher Udalla</b>	<b>42.80 FAT</b>	<b>2017</b>	2 Logan Grace Morris Dennis Riley Filipovich Ryan Trapp	3:22.10 FAT	2013
3 Jack Kolar Mark Swann Justin Pearson Matt Dahlson	42.91 FAT	2016	3 Christian Leonard Justin Pearson Jacob Heyne Lucas Trapp	3:22.47 FAT	2016
4 Austin Gibson Mark Swann Jacob Buhl Christopher Udalla	43.17 FAT	2015	4 Bryce Daily Craig Krupe Ray Schreckenghaust Pat Carr	3:22.91 FAT	1983
5 Devin Donelson Isaac Schwab Zach Ernst Denis Bardashevskiy	43.57 FAT	2013	5 Logan Grace Riley Filipovich Fanaka Ndege Ryan Trapp	3:24.26 FAT	2013
<u>4 x 200 M RELAY</u>	<u>TIME</u>	<u>YEAR</u>	<u>4 X 800 M RELAY</u>	<u>TIME</u>	<u>YEAR</u>
1 Issac Schwab Morris Dennis Trent Pink Denis Bardashevskiy	1:30.28 FAT	2013	1 Jacob Heyne Cory Warner Christian Leonard Lucas Trapp	7:58.98 FAT	2016
2 Glen Anderson Pat Carr Ray Schreckenghaust Bret Hoaglund	1:31.4 h	1982	2 Jacob Heyne Cory Warner Tyler Hudson Christian Leonard	7:59.05 FAT	2016
3 Craig Hinrichs Rick Steblay Jeff Miller Clint Leger	1:31.6 h	1978	3 Cole Konczal Fanaka Ndege Ryan Trapp Lucas Trapp	7:59.60 FAT	2012
4 Keith Barnier Bret Hoaglund Ray Schreckenghaust Lance Hoaglund	1:31.6 h	1981	4 Nate Webster Lucas Trapp Mitchell Weege Ryan Trapp	8:07.90 FAT	2013
5 Collin Nelson Mark Swann Justin Pearson Christopher Udalla	1:31.92 FAT	2016	5 Tony Thompson Kevin Dusbabek Josh Schultz John Kallemeyen	8:08.67 FAT	2004