

|          | 100 M DASH         | TIME         | YEAR        |          | 200 M DASH           | TIME               | YEAR        |
|----------|--------------------|--------------|-------------|----------|----------------------|--------------------|-------------|
|          |                    |              |             |          |                      |                    |             |
| 1        | Jeremy Choiunard   | 10.8 h       | 2001        | 1        | Jeremy Choiunard     | 22.44 FAT          | 2001        |
| 2        | Christopher Udalla | 11.26 FAT    | 2015        | 2        | John Person          | 22.63 FAT          | 1996        |
| 3        | Jeremy Hemmelgarn  | 11.34 FAT    | 1996        | 3        | Bret Hoaglund        | 22.7 h             | 1980        |
| 4        | John Person        | 11.1h        | 1991        | 4        | Denis Bardishevski   | 23.17 FAT          | 2012        |
| 5        | Darryl Waletzko    | 11.41 FAT    | 1998        | 5        | David Mismash        | 23.0 h             | 1998        |
| 6        | David Mismash      | 11.48 FAT    | 1992        | 6        | Taylor Berger        | 23.23 FAT          | 2008        |
| 7        | Aaron Jacobs       | 11.52 FAT    | 2012        | 7        | Issac Schwab         | 23.30 FAT          | 2012        |
| <b>8</b> | <b>Matt Beudry</b> | <b>11.3h</b> | <b>2019</b> | 8        | Mark Swann           | 23.35 FAT          | 2015        |
| 9        | Mark Swann         | 11.58 FAT    | 2015        | 9        | Travis Fisher        | 23.47 FAT          | 2004        |
| 9        | Adam Nelson        | 11.58 FAT    | 2017        | 10       | Luke Dickinson       | 23.51 FAT          | 2015        |
| 10       | Morris Dennis      | 11.64 FAT    | 1972        |          |                      |                    |             |
|          |                    |              |             |          |                      |                    |             |
|          | 400 M DASH         | TIME         | YEAR        |          | 800 M DASH           | TIME               | YEAR        |
|          |                    |              |             |          |                      |                    |             |
| 1        | John Person        | 49.99 FAT    | 1996        | 1        | Lucas Trapp          | 1:53.51 FAT        | 2014        |
| 2        | Morris Dennis      | 50.62 FAT    | 2012        | 2        | Anthony Held         | 1:57.07FAT         | 2006        |
|          | Josh Schultz       | 50.78 FAT    | 2003        | 3        | Ryan Trapp           | 2:00.40 FAT        | 2011        |
| 3        | Danny Klotz        | 51.28 FAT    | 2005        | 4        | Josh Schultz         | 2:00.98 FAT        | 2004        |
| 4        | Mike Erickson      | 51.1 h       | 1986        | <b>5</b> | <b>Joe Gustafson</b> | <b>2:02.82 FAT</b> | <b>2019</b> |
| 5        | Anthony Held       | 51.88 FAT    | 2006        | 6        | Steve Seth           | 2:03.7 h           | 1988        |
| 6        | Collin Ostrout     | 52.07 FAT    | 2003        | 7        | Jacob Heyne          | 2:04.2h            | 2015        |
| 7        | Dave Tulkki        | 52.1 h       | 1986        | 8        | Andrew Konczal       | 2:04.38 FAT        | 2010        |
| 8        | Steve Seth         | 52.2 h       | 1988        | 9        | Tom Weinhold         | 2:04.3 h           | 1977        |
| 9        | Travis Fisher      | 52.53 FAT    | 2004        | 10       | Calvin Artmann       | 2:05.89 FAT        | 2017        |
| 10       | Bryce Daily        | 52.4 h       | 1982        |          |                      |                    |             |
|          |                    |              |             |          |                      |                    |             |
|          | 1600 M RUN         | TIME         | YEAR        |          | 3200 M RUN           | TIME               | YEAR        |
|          |                    |              |             |          |                      |                    |             |
| 1        | Lucas Trapp        | 4:24.81 FAT  | 2014        | 1        | Lucas Trapp          | 9:44.66 FAT        | 2013        |
| 2        | Christian Leonard  | 4:32.07 FAT  | 2015        | 2        | Zach Varty           | 9:53.91 FAT        | 2004        |

|    |                 |             |      |    |                   |              |      |
|----|-----------------|-------------|------|----|-------------------|--------------|------|
| 3  | Ryan Trapp      | 4:32.64 FAT | 2011 | 3  | John Kallemeyn    | 9:56.41 FAT  | 2002 |
| 4  | Peter Stewart   | 4:35.16 FAT | 1997 | 4  | Brad Wick         | 10:00.91 FAT | 1997 |
| 5  | Jay Paulson     | 4:37.6 h    | 1986 | 5  | Jay Paulson       | 10:02.3 h    | 1986 |
| 6  | John Kallemeyn  | 4:37.14 FAT | 2002 | 6  | Mitchell Weege    | 10:05.38 FAT | 2012 |
| 7  | John Auel       | 4:38.2 h    | 1993 | 7  | Lucas Gustafson   | 10:07.66 FAT | 2017 |
| 8  | Lucas Gustafson | 4:40.44 FAT | 2017 | 8  | Brian Wold        | 10:09.10 FAT | 1999 |
| 9  | Lance Dehn      | 4:40.93 FAT | 1998 | 9  | Christian Leonard | 10:12.18 FAT | 2015 |
| 10 | Brian Wold      | 4:40.8 h    | 1999 | 10 | Steve Bye         | 10:17.7 h    | 1980 |
|    |                 |             |      |    |                   |              |      |
|    | 110 M HURDLES   | TIME        | YEAR |    | 300 M HURDLES     | TIME         | YEAR |
|    |                 |             |      |    |                   |              |      |
| 1  | Jeff Hawkins    | 15.0h       | 1972 | 1  | Paul Martin       | 40.4 h       | 1998 |
|    | Rick Steblay    | 15.0h       | 1977 | 2  | Logan Grace       | 41.35 FAT    | 2011 |
| 3  | Travis Carlson  | 15.54 FAT   | 2004 | 3  | Keith Barnier     | 41.2 h       | 1980 |
| 4  | Matt Dahlson    | 15.66 FAT   | 2015 |    | Craig Krupke      | 41.2 h       | 1982 |
| 5  | Craig Krupke    | 15.5 h      | 1982 | 5  | Travis Carlson    | 41.60 FAT    | 2004 |
|    | Paul Martin     | 15.5 h      | 1998 | 6  | Rick Steblay      | 41.6h        | 1977 |
| 6  | Jared Stanke    | 15.81 FAT   | 2017 | 7  | Matt Dahlson      | 41.85 FAT    | 2015 |
| 7  | Ross Patullo    | 15.7 h      | 1989 | 8  | Kevin Egbujor     | 41.90 FAT    | 2017 |
| 8  | Kevin Skalicky  | 16.25 FAT   | 2003 | 9  | Matt Buhmann      | 42.19 FAT    | 2008 |
| 9  | Logan Grace     | 16.28 FAT   | 2011 | 10 | Jared Stanke      | 42.15 FAT    | 2017 |
| 10 | Mark Anderson   | 16.3 h      | 1981 |    |                   |              |      |
| 10 | Tim Peterson    | 16.3 h      | 2009 |    |                   |              |      |
|    |                 |             |      |    |                   |              |      |
|    |                 |             |      |    |                   |              |      |
|    | SHOT PUT        | DISTANCE    | YEAR |    | DISCUS            | DISTANCE     | YEAR |
|    |                 |             |      |    |                   |              |      |
| 1  | Nate Solars     | 49'11.5"    | 2005 | 1  | Lucas Scheel      | 139'05"      | 2002 |
| 2  | Chris Patullo   | 48'05.25"   | 1996 | 2  | Evan Patullo      | 138'11.5"    | 1998 |
| 3  | Cliff Anderson  | 47'08"      | 1975 | 3  | Greg Paffel       | 134'01"      | 1984 |
| 4  | Greg Paffel     | 47'01"      | 1984 | 4  | Nate Solars       | 133'04"      | 2005 |

|    |                    |           |      |    |                      |               |             |
|----|--------------------|-----------|------|----|----------------------|---------------|-------------|
| 5  | Wayne Becklin      | 46'11"    | 1970 | 5  | Ryan Becker          | 127'09"       | 1998        |
| 6  | Evan Patullo       | 46'01"    | 1998 | 6  | Chase Beaudry        | 126'08"       | 2000        |
| 7  | Lucas Scheel       | 45'09.25" | 2002 | 7  | Ron Johnson          | 125'09"       | 1985        |
| 8  | Ron Johnson        | 45'06.25" | 1985 | 8  | Craig Otto           | 124'11"       | 1982        |
| 9  | Jordan Meyer       | 45'03"    | 2011 | 9  | Jon Smith            | 124'03"       | 1980        |
| 10 | Brian Goldenman    | 44'11"    | 1978 | 10 | Chris Patullo        | 124'02"       | 1996        |
|    |                    |           |      |    |                      |               |             |
|    | HIGH JUMP          | DISTANCE  | YEAR |    | LONG JUMP            | DISTANCE      | YEAR        |
|    |                    |           |      |    |                      |               |             |
| 1  | Matt Clauer        | 6'06"     | 2005 | 1  | Chad Bush            | 21'00.5"      | 1998        |
| 2  | Kevin Skalicky     | 6'05"     | 2003 | 2  | Matt McAlpine        | 21'00"        | 1995        |
| 3  | Taylor Berger      | 6'04"     | 2008 | 3  | Ray Schreckenhaust   | 20'10.5"      | 1981        |
| 4  | Jeremy Hemmelgarn  | 6'02"     | 1991 | 4  | Jacob Buhl           | 20'03.00      | 2013        |
|    | Chris Lange        | 6'02"     | 1999 | 5  | Mike Donahue         | 20'00"        | 1979        |
|    | Andy David         | 6'02"     | 2000 |    | Joel Korte           | 20'00"        | 2000        |
|    | Kevin Egbujor      | 6'02"     | 2017 | 7  | Josh Schultz         | 19'10.75"     | 2003        |
|    | Jared Stanke       | 6'02"     | 2017 | 8  | Steve Smit           | 19'10"        | 1972        |
| 9  | Jeff Smith         | 6'01"     | 1982 | 9  | Don Laxson           | 19'08.5"      | 1987        |
| 10 | Andy Gothe         | 6'00"     | 2003 | 10 | Nate Kopetka         | 19'08"        | 1997        |
|    | Nick Held          | 6'00"     | 2007 |    |                      |               |             |
|    | Christopher Udalla | 6'00"     |      |    |                      |               |             |
|    |                    |           |      |    |                      |               |             |
|    |                    |           |      |    |                      |               |             |
|    |                    |           |      |    |                      |               |             |
|    | TRIPLE JUMP        | DISTANCE  | YEAR |    | POLE VAULT           | DISTANCE      | YEAR        |
|    |                    |           |      |    |                      |               |             |
| 1  | Chris Udalla       | 45'00.25" | 2015 | 1  | Zech Bertilson       | 13'00"        | 2005        |
| 2  | Kevin Skalicky     | 41'2.25"  | 2003 | 2  | Zac Hertz            | 12'00"        | 2006        |
| 3  | Mike Donahue       | 41'01"    | 1979 |    | <b>Jack Gebhardt</b> | <b>12'00"</b> | <b>2019</b> |
|    | Matt Clauer        | 41'01"    | 2005 | 4  | Brad Holt            | 11'09"        | 1982        |
| 5  | Tom Cassidy        | 40'10"    | 2002 | 5  | Andy McCarty         | 11'07"        | 2003        |
| 6  | AJ Tarpeh          | 40'04.50  | 2016 | 6  | Mike Zahler          | 11'06"        | 1973        |



|   | 4 x 400 RELAY    | TIME        | YEAR |   | 4 X 800 RELAY    | TIME        | YEAR |
|---|------------------|-------------|------|---|------------------|-------------|------|
| 1 | Josh Schultz     | 3:32.17 FAT | 2003 | 1 | Fanaka Ndege     | 8:39.01 FAT | 2011 |
|   | Collin Ostroot   |             |      |   | Riley Filipovich |             |      |
|   | Lee Fredrickson  |             |      |   | Aaron Balcolm    |             |      |
|   | Travis Fisher    |             |      |   | Lucas Trapp      |             |      |
| 2 | Steve Slavik     | 3:32.9 h    | 1977 | 2 | Fanaka Ndege     | 8:41.13 FAT | 2010 |
|   | Tom Weinhold     |             |      |   | Riley Filipovich |             |      |
|   | Jeff Piotrowski  |             |      |   | Cole Konczal     |             |      |
|   | Greg Weber       |             |      |   | Ryan Trapp       |             |      |
| 3 | Josh Schultz     | 3:33.94 FAT | 2003 | 3 | Russ Gesch       | 8:42.1 h    | 1977 |
|   | Travis Fisher    |             |      |   | Tom Weinhold     |             |      |
|   | Alex Dehn        |             |      |   | Shaun Fredrich   |             |      |
|   | Lee Fredrickson  |             |      |   | Dan Lemmon       |             |      |
| 4 | Logan Grace      | 3:34.92 FAT | 2011 | 4 | Kevin Dusbabek   | 8:44.05 FAT | 2003 |
|   | Riley Filipovich |             |      |   | Alex Dehn        |             |      |
|   | Fanaka Ndege     |             |      |   | Lee Fredrickson  |             |      |
|   | Ryan Trapp       |             |      |   | Travis Carlson   |             |      |
| 5 | Rick Steblay     | 3:35.9 h    | 1977 | 5 | Don Trombley     | 8:44.3 h    | 1985 |
|   | Steve Slavik     |             |      |   | Taag Ebert       |             |      |
|   | Tom Weinhold     |             |      |   | Mark Nystrom     |             |      |
|   | Jeff Piotrowski  |             |      |   | Al Takle         |             |      |