

	100 M DASH	TIME	YEAR		200 M DASH	TIME	YEAR	
1	Jeremy Choiunard	10.8 h	2001	1	Jeremy Choiunard	22.44 FAT	2001	
2	Matt Beaudry	11.21 FAT	2021	2	John Person	22.63 FAT	1996	
3	Christopher Udalla	11.26 FAT	2015	3	Bret Hoaglund	22.7 h	1980	
4	Jeremy Hemmelgarn	11.34 FAT	1996	4	Denis Bardishevski	23.17 FAT	2012	
5	John Person	11.1h	1991	5	Taylor Berger	23.23 FAT	2008	
6	Darryl Waletzko	11.41 FAT	1998	6	David Mismash	23.0 h	1998	
7	David Mismash	11.48 FAT	1998	7	Issac Schwab	23.30 FAT	2012	
8	Aaron Jacobs	11.52 FAT	2012	8	Matt Beaudry	23.34 FAT	2021	
9	Mark Swann	11.58 FAT	2015	9	Mark Swann	23.35 FAT	2015	
9	Adam Nelson	11.58 FAT	2017	10	Travis Fisher	23.47 FAT	2004	
	400 M DASH	TIME	YEAR		800 M DASH	TIME	YEAR	
1	John Person	49.99 FAT	1996	1	Lucas Trapp	1:53.51 FAT	2014	
2	Morris Dennis	50.62 FAT	2012	2	Anthony Held	1:57.07 FAT	2006	
3	Josh Schultz	50.78 FAT	2003	3	Ryan Trapp	2:00.40 FAT	2011	
4	Danny Klotz	51.28 FAT	2005	4	Josh Schultz	2:00.98 FAT	2004	
5	Mike Erickson	51.1 h	1986	5	Joe Gustafson	2:02.82 FAT	2019	
6	Anthony Held	51.88 FAT	2006	<b>6</b>	<b>Sawyer Ruekert</b>	<b>2:03.53 FAT</b>	<b>2022</b>	
7	Collin Ostroot	52.07 FAT	2003	7	Steve Seth	2:03.7 h	1988	
8	Dave Tulkki	52.1 h	1986	8	Jacob Heyne	2:04.2h	2015	
9	Steve Seth	52.2 h	1988	9	Andrew Konczal	2:04.38 FAT	2010	
10	Travis Fisher	52.53 FAT	2004	10	Tom Weinhold	2:04.3 h	1977	
	1600 M RUN	TIME	YEAR		3200 M RUN	TIME	YEAR	
1	Lucas Trapp	4:24.81 FAT	2014	1	Lucas Trapp	9:44.66 FAT	2013	
2	Christian Leonard	4:32.07 FAT	2015	2	Zach Varty	9:53.91 FAT	2004	

3	Ryan Trapp	4:32.64 FAT	2011	3	John Kallemeyen	9:56.41 FAT	2002
4	Peter Stewart	4:35.16 FAT	1997	4	Brad Wick	10:00.91 FAT	1997
5	John Kallemyn	4:37.17 FAT	2002	5	Jay Paulson	10:02.3 h	1986
6	Jay Paulson	4:37.6 h	1986	6	Mitchell Weege	10:05.38 FAT	2012
7	John Auel	4:38.2 h	1993	7	Lucas Gustafson	10:07.66 FAT	2017
8	Lucas Gustafson	4:40.44 FAT	2017	8	Brian Wold	10:09.10 FAT	1999
9	Lance Dehn	4:40.93 FAT	1998	9	Christian Leonard	10:12.18 FAT	2015
10	Brian Wold	4:40.8 h	1999	10	Steve Bye	10:17.7 h	1980
	110 M HURDLES	TIME	YEAR		300 M HURDLES	TIME	YEAR
1	Jeff Hawkins	15.0h	1972	1	Paul Martin	40.4 h	1998
1	Rick Steblay	15.0h	1977	2	Logan Grace	41.35 FAT	2011
3	Travis Carlson	15.54 FAT	2004	3	Keith Barnier	41.2 h	1980
4	Matt Dahlson	15.66 FAT	2015	3	Craig Krupke	41.2 h	1982
5	Craig Krupke	15.5 h	1982	5	Travis Carlson	41.60 FAT	2004
5	Paul Martin	15.5 h	1998	6	Rick Steblay	41.6h	1977
7	Jared Stanke	15.81 FAT	2017	7	Matt Dahlson	41.85 FAT	2015
8	Ross Patullo	15.7 h	1989	8	Kevin Egbujor	41.90 FAT	2017
9	Kevin Skalicky	16.25 FAT	2003	9	Jared Stanke	42.15 FAT	2017
10	Logan Grace	16.28 FAT	2011	10	Matt Buhmann	42.19 FAT	2008
	SHOT PUT	DISTANCE	YEAR		DISCUS	DISTANCE	YEAR
1	Nate Solars	49'11.5"	2005	1	Lucas Scheel	139'05"	2002
2	Chris Patullo	48'05.25"	1996	2	Evan Patullo	138'11.5"	1998
3	Cliff Anderson	47'08"	1975	3	Greg Paffel	134'01"	1984
4	Greg Paffel	47'01"	1984	4	Nate Solars	133'04"	2005

5	Wayne Becklin	46'11"	1970	5	Ryan Becker	127'09"	1998	
6	Evan Patullo	46'01"	1998	6	Chase Beaudry	126'08"	2000	
7	Lucas Scheel	45'09.25"	2002	7	Ron Johnson	125'09"	1985	
8	Ron Johnson	45'06.25"	1985	8	Craig Otto	124'11"	1982	
9	Jordan Meyer	45'03"	2011	9	Jon Smith	124'03"	1980	
10	Brian Goldenman	44'11"	1978	10	Chris Patullo	124'02"	1996	
	HIGH JUMP	DISTANCE	YEAR		LONG JUMP	DISTANCE	YEAR	
1	Matt Clauer	6'06"	2005	1	Chad Bush	21'00.5"	1998	
2	Kevin Skalicky	6'05"	2003	2	Matt McAlpine	21'00"	1995	
3	Taylor Berger	6'04"	2008	3	Ray Schreckenghaust	20'10.5"	1981	
4	Jeremy Hemmelgarn	6'02"	1991	4	Jacob Buhl	20'03.00	2013	
4	Chris Lange	6'02"	1999	5	Mike Donahue	20'00"	1979	
4	Andy David	6'02"	2000	5	Joel Korte	20'00"	2000	
4	Kevin Egbujor	6'02"	2017	7	Josh Schultz	19'10.75"	2003	
4	Jared Stanke	6'02"	2017	8	Steve Smit	19'10"	1972	
9	Jeff Smith	6'01"	1982	9	Yube Badio	19'09.50"	2021	
10	Andy Gothe	6'00"	2003	10	Don Laxson	19'08.5"	1987	
10	Nick Held	6'00"	2007					
10	Christopher Udalla	6'00"	2015					
	TRIPLE JUMP	DISTANCE	YEAR		POLE VAULT	DISTANCE	YEAR	
1	Chris Udalla	45'00.25"	2015	1	Zech Bertilson	13'00"	2005	
2	Matt Beaudry	41'05.50"	2021	2	Zac Hertz	12'00"	2006	
3	Kevin Skalicky	41'02.25"	2003	2	Jack Gebhardt	12'00"	2019	
4	Cade Osterman	41'01"	2021	4	Brad Holt	11'09"	1982	
4	Mike Donahue	41'01"	1979	5	Andy McCarty	11'07"	2003	
4	Matt Clauer	41'01"	2005	6	Mike Zahler	11'06"	1973	



	4 x 400 RELAY	TIME	YEAR		4 X 800 RELAY	TIME	YEAR
1	Josh Schultz	3:32.17 FAT	2003	1	Fanaka Ndege	8:39.01 FAT	2011
	Collin Ostroy				Riley Filipovich		
	Lee Fredrickson				Aaron Balcolm		
	Travis Fisher				Lucas Trapp		
2	Steve Slavik	3:32.9 h	1977	2	Fanaka Ndege	8:41.13 FAT	2010
	Tom Weinhold				Riley Filipovich		
	Jeff Piotrowski				Cole Konczal		
	Greg Weber				Ryan Trapp		
3	Josh Schultz	3:33.94 FAT	2003	3	Russ Gesch	8:42.1 h	1977
	Travis Fisher				Tom Weinhold		
	Alex Dehn				Shaun Fredrich		
	Lee Fredrickson				Dan Lemmon		
4	Logan Grace	3:34.92 FAT	2011	4	Kevin Dusbabek	8:44.05 FAT	2003
	Riley Filipovich				Alex Dehn		
	Fanaka Ndege				Lee Fredrickson		
	Ryan Trapp				Travis Carlson		
5	Rick Steblay	3:35.9 h	1977	5	Don Trombley	8:44.3 h	1985
	Steve Slavik				Taag Ebert		
	Tom Weinhold				Mark Nystrom		
	Jeff Piotrowski				Al Takle		