

2023 ELK RIVER BOYS TRACK AND FIELD VARSITY RECORDS

1	Lucas Trapp	4:20.31 FAT	2015	1	John Kallemeyen	9:28.98 FAT	2004
2	John Kallemeyen	4:20.60 FAT	2004	2	Lucas Trapp	9:44.66 FAT	2013
3	Christian Leonard	4:20.82 FAT	2017	3	Warren Hinkle	9:48.4 h	1974
4	Lucas Gustafson	4:21.85 FAT	2019	4	Tony Thompson	9:52.67 FAT	2004
5	John Auel	4:24.00 FAT	1995	5	Zach Varty	9:53.91 FAT	2004
6	Ryan Trapp	4:26.57 FAT	2013	6	Lucas Gustafson	9:53.94 FAT	2018
7	Ross Anderson	4:28.8 h	1971	7	Mike Kuffel	9:55.1 h	1988
8	Cory Warner	4:29.91 FAT	2016	8	Brian Wold	9:59.63 FAT	2000
9	Mike Kuffel	4:31.3 h	1988	9	Brad Wick	10:00.91 FAT	1997
10	Peter Stewart	4:32.35 FAT	1998	10	Tyler Stevens	10:02.5 h	2010
	110 M HURDLES	TIME	YEAR		300 M HURDLES	TIME	YEAR
1	Jeff Hawkins	14.4 h	1973	1	Rick Steblay	38.2 h	1979
1	Rick Steblay	14.4 h	1979	2	Matt Dahlson	38.78 FAT	2017
1	Craig Krupe	14.4 h	1984	3	Craig Krupe	39.0 h	1984
4	Chris Lange	14.98 FAT	2001	4	Logan Grace	39.33 FAT	2012
5	Matt Dahlson	14.99 FAT	2017	5	Keith Barnier	39.1 h	1984
6	Steve Smit	14.8 h	1974	6	Matt Buhmann	39.52 FAT	2010
7	Kevin Egbujor	15.13 FAT	2019	7	Ryan Maloney	39.76 FAT	2009
8	Logan Grace	15.24 FAT	2013	8	Travis Carlson	40.26 FAT	2006
9	Kevin Skalicky	15.32 FAT	2005	9	Chris Lange	40.37 FAT	2000
10	Grant Hartman	15.1 h	1976	10	Kevin Egbujor	40.42 FAT	2019
10	Mark Anderson	15.1 h	1983				
	100 M WHEEL CHAIR	TIME	YEAR		200 M WHEEL CHAIR	TIME	YEAR
1	Logan Hovanetz	25.39 FAT	2023	1	Logan Hovanetz	49.56 FAT	2023
	SHOT PUT	DISTANCE	YEAR		DISCUS	DISTANCE	YEAR

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1	Lucas Scheel	55'04.5"	2004	1	Lucas Scheel	172'02"	2004
2	Greg Paffel	54'09.75"	1986	2	Greg Paffel	166'10"	1986
3	Nate Solars	53'09.5"	2007	3	Ron Johnson	160'10"	1987
4	Chris Patullo	53'09"	1997	4	Paul Zabee	159'09"	1986
5	Wayne Becklin	53'02.75"	1972	5	Randy Nielson	155'05"	1972
6	Emery LaPointe	52'07"	1969	6	Chris Patullo	150'10"	1997
7	Blaise Kraljic	51'09.25"	1972	7	Brian Kopesky	149'09"	1978
8	Craig Otto	51'07.25"	1983	8	Craig Otto	148'03"	1984
9	Randy Nielson	51'02"	1972	9	Evan Patullo	144'01"	2000
9	Brian Goldenman	51'02"	1980	10	Nate Solars	143'05"	2007
	TRIPLE JUMP	DISTANCE	YEAR		POLE VAULT	HEIGHT	YEAR
1	Christopher Udalla	47'01.75"	2016	1	Zech Bertilson	14'00"	2007
2	Craig Otto	44'06.5"	1984	2	Jack Kolar	13'06"	2016
3	Matt Beaudry	44'01"	2023	3	Chris Thorndahl	13'03"	2015
4	Lee Olmsted	43'08"	1984	4	Dan Zahler	13'00.5"	1985
5	Matt Clauer	43'06.5"	2007	5	Bob Lashinski	13'00"	1978
6	Fanaka Ndege	43'05.5"	2013	5	Jeff Zerwas	13'00"	1980
7	Mike Donahue	43'05"	1981	7	John MacIntyre	12'09"	1966
8	Jay Sykes	43'01.75"	1997	8	Jack Gebhardt	12'08"	2021
9	Ryan Herrboldt	42'09.5"	1990	9	Jeff E. Smith	12'06"	1984
10	Jeremy Hemmelgarn	42'02.5"	1992	9	Jeff J. Smith	12'06"	1984
10	Jacob Buhl	42'02.5"	2015	9	Zac Hertz	12'06"	2007
	HIGH JUMP	DISTANCE	YEAR		LONG JUMP	DISTANCE	YEAR
1	Matt Clauer	6'07.5"	2007	1	Christopher Udalla	23'03"	2017
2	Jeff J. Smith	6'07"	1984	2	Mike Donahue	22'09"	1981

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2	Andy David	6'07"	2002	3	Ray Schreckenghaust	22'04.5"	1983
4	Jeff Hawkins	6'06"	1974	4	Steve Smit	21'09.75"	1974
4	Jeremy Hemmelgarn	6'06"	1993	5	Frank Kopetka	21'09.5	1971
6	Taylor Berger	6'05.25"	2009	6	Justin Pearson	21'08"	2017
7	Dave Goodin	6'05"	1989	7	Matt Beaudry	21'05.5"	2023
7	Kevin Skalicky	6'05"	2003	8	Brad Barclay	21'05"	1994
7	Andy Gothe	6'05"	2005	9	Lee Frederickson	21'02.5"	2005
10	Mike Donahue	6'04"	1981	10	Cory Chouinard	21'01.25	2011
10	Ryan Herrboldt	6'04"	1990				
10	Christopher Udalla	6'04"	2016				
	4 x 100 M RELAY	TIME	YEAR		4 x 400 M RELAY	TIME	YEAR
1	Brecken Keoraj	42.49 FAT	2023	1	Matt Olson	3:21.35 FAT	2014
	Levi Harris				Lucas Trapp		
	Owen Westberg				Nate Wallestad		
	Matt Beaudry				Morris Dennis		
2	Jack Kolar	42.77 FAT	2016	2	Logan Grace	3:22.10 FAT	2013
	Mark Swann				Morris Dennis		
	Justin Pearson				Riley Filipovich		
	Christopher Udalla				Ryan Trapp		
3	Zach Berg	42.80 FAT	2017	3	Christian Leonard	3:22.47 FAT	2016
	Matt Dahlson				Justin Pearson		
	Justin Pearson				Jacob Heyne		
	Christopher Udalla				Lucas Trapp		
4	Jack Kolar	42.91 FAT	2016	4	Bryce Daily	3:22.91 FAT	1983
	Mark Swann				Craig Krupe		
	Justin Pearson				Ray Schreckenghaust		

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	Matt Dahlson				Pat Carr		
5	Austin Gibson	43.17 FAT	2015	5	Logan Grace	3:24.26 FAT	2013
	Mark Swann				Riley Filipovich		
	Jacob Buhl				Fanaka Ndege		
	Christopher Udalla				Ryan Trapp		
	4 x 200 M RELAY	TIME	YEAR		4 X 800 M RELAY	TIME	YEAR
1	Issac Schwab	1:30.28 FAT	2013	1	Jacob Heyne	7:58.98 FAT	2016
	Morris Dennis				Cory Warner		
	Trent Pink				Christian Leonard		
	Denis Bardashevskiy				Lucas Trapp		
2	Glen Anderson	1:31.4 h	1982	2	Jacob Heyne	7:59.05 FAT	2016
	Pat Carr				Cory Warner		
	Ray Schreckenghaust				Tyler Hudson		
	Bret Hoaglund				Christian Leonard		
3	Craig Hinrichs	1:31.6 h	1978	3	Cole Konczal	7:59.60 FAT	2012
	Rick Steblay				Fanaka Ndege		
	Jeff Miller				Ryan Trapp		
	Clint Leger				Lucas Trapp		
3	Keith Barnier	1:31.6 h	1981	4	Nate Webster	8:07.90 FAT	2013
	Bret Hoaglund				Lucas Trapp		
	Ray Schreckenghaust				Mitchell Weege		
	Lance Hoaglund				Ryan Trapp		
5	Brecken Keoraj	1:31.90 FAT	2023	5	Tony Thompson	8:08.67 FAT	2004
	Levi Harris				Kevin Dusbabek		
	Owen Westberg				Josh Schultz		
	Gavin Schmidt				John Kallemejen		

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