

# Elk River Track & Field: MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2/22/2026	2/23/2026	2/24/2026 <b>HS Girls Meeting @ 2:20 in Room 264. Middle School Girls @ 3:20pm</b>	2/25/2026	2/26/2026 <b>Boys Meeting @ 2:20 in Health Room 168 Middle School Boys @ 3:20</b>	2/27/2026	2/28/2026
3/1/2026	3/2/2026	3/3/2026	3/4/2026	3/5/2026	3/6/2026	3/7/2026
3/8/2026	3/9/2026 <b>First Day of Practice: Try it Day for Rookies. 3:00-6:00pm. Regular practice for others.</b>	3/10/2026 Practice 3:00 - 5:15	3/11/2026 <b>Parent Meeting 6:00 PM @ Elk River High School in Media Center Practice 3:00 - 5:15</b>	3/12/2026 Practice 3:00 - 5:15	3/13/2026 Practice 3:00 - 5:15	3/14/2026
3/15/2026	3/16/2026 Practice 3:00 - 5:15	3/17/2026 Practice 3:00 - 5:15	3/18/2026 Practice 3:00 - 5:15	3/19/2026 Practice 3:00 - 5:15	3/20/2026 Practice 3:00 - 5:15	3/21/2026
3/22/2026	3/23/2026 Practice 3:00 - 5:15	3/24/2026 Practice 3:00 - 5:15	3/25/2026 Practice Uniform Handout and Picture day. 3:00 - 5:15	3/26/2026 <b>Cookie Dough and clothing orders due: Practice 3:00 - 5:15</b>	3/27/2026 <b>U of MN Indoor Meet @ 2:30 Bus Leaves @ 12:30 PM (Limited)</b>	3/28/2026

# Elk River Track & Field: APRIL 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3/29/2026	3/30/2026	3/31/2026	4/1/2026	4/2/2026	4/3/2026	4/4/2026
Spring Break this week. Pole Vault will be 3-5:15. HJ will have some days in evening that is TBD	Practice 9:00-11:15	ER/CP at Osseo	No Practice	Practice 9:00-11:15	Practice 9:00-11:15	
4/5/2026	4/6/2026	4/7/2026	4/8/2026	4/9/2026	4/10/2026	4/11/2026
	Practice 3:00 - 5:15. MIDDLE SCHOOL STARTS	SLP at Elk River 3:30 PM	Practice 3:00 - 5:15 Cookie Dough Delivery	Practice 3:00 - 5:15	Practice 3:00 - 5:15	
4/12/2026	4/13/2026	4/14/2026	4/15/2026	4/16/2026	4/17/2026	4/18/2026
	Practice 3:00 - 5:15	Elk River JV at Armstrong 3:30 PM Bus at 2:25	Practice 3:00 - 5:15	Osseo Invite @ Osseo	Practice 3:00 - 5:15	
4/19/2026	4/20/2026	4/21/2026	4/22/2026	4/23/2026	4/24/2026	4/25/2026
	Practice 3:00 - 5:15	Blaine at Elk River 3:30pm	Practice 3:00 - 5:15	Practice 3:00 - 5:15. Evening of the Arts	Practice 3:00 - 5:00 Hamline Elite Meet Must Qualify	Lakeville Mega Meet. 10:00am. Bus leaves at 7:45am
4/26/2026	4/27/2026	4/28/2026	4/29/2026	4/30/2026	5/1/2026	5/2/2026
	Practice 3:00 - 5:15	ISD 728 Meet at ER or Zimmerman	Practice 3:00 - 5:15	Practice 3:00 - 5:15	Practice 3:00 - 5:15	

# Elk River Track & Field: MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4/26/2026	4/27/2026	4/28/2026	4/29/2026	4/30/2026 Practice 3:00 - 5:15	5/1/2026 Practice 3:00 - 5:15	5/2/2026
5/3/2026	5/4/2026 Practice 3:00 - 5:15	5/5/2026 <b>True Team at Rogers 3:45pm (2:15 pm Bus) Girls PV and HJ at 12:00pm (10:00 am Bus)</b>	5/6/2026 Practice 3:00 - 5:15	5/7/2026 <b>JV Meet at Elk River. 3:45pm Blaine, Cent, Anoka</b>	5/8/2026 Practice 3:00 - 5:15	5/9/2026
5/10/2026 Middle School Ends this week.	5/11/2026 Practice 3:00 - 5:15	5/12/2026 <b>ER @ Champlin Park 3:30pm. Bus leaves at 2:25pm. JV last day.</b>	5/13/2026 Practice 3:00 - 5:15. Middle School Meet	5/14/2026 Practice 3:00 - 5:15	5/15/2026 Practice 2:30-4:30 <b>True Team State @ Eden Prairie(Must Qualify True Team Section Meet)</b>	5/16/2026
5/17/2026	5/18/2026 Letter and uniform turn in for JV. Practice 3:00 - 5:15	5/19/2026 <b>NWS Conference Meet at Elk River 3:00 PM</b>	5/20/2026 <b>NWS Conference Meet Back up date</b>	5/21/2026	5/22/2026 Practice 3:00 - 5:15	5/23/2026
5/24/2026	5/25/2026 Memorial Day: Practice 6:00 - 7:30 PM	5/26/2026 Practice 3:00 - 5:15	5/27/2026 <b>Section 8AAA at Brainerd 3:00pm Bus leaves at 1:00pm</b>	5/28/2026 Practice 3:00 - 5:15	5/29/2026 Practice 3:00 - 5:15	5/30/2026 <b>Section 8AAA at STMA 11:00am start. Bus leaves at 9:00am</b>

# Elk River Track & Field: June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5/24/2026	5/25/2026 Memorial Day: No Practice	5/26/2026 Lettering Form and Uniform turn in for Varsity. Practice 3: 00 - 5:15	5/27/2026 Section 8AAA at Brainerd. 3:00pm Bus leaves at 1: 00pm	5/28/2026 Practice 3:00 - 5:15	5/29/2026 Practice 3:00 - 5:15	5/30/2026 Section 8AAA at STMA 11:00am start. Bus leaves at 9:00am
5/31/2026 Track and Field Banquet ERHS Commons Food @6:00 Awards @7: 00	6/1/2026 Practice TBD	6/2/2026 Practice TBD	6/3/2026 Practice TBD	6/4/2026 MSHSL State Meet at STMA. Graduation.	6/5/2026 Practice TBD	6/6/2026 MSHSL State Meet at STMA
6/7/2026	6/8/2026 Youth Track Practice 6:00 - 7: 30 PM	6/9/2026 Youth Track Practice 6:00 - 7:30 PM	6/10/2026 Youth Track Meet at ?? 5:30 pm	6/11/2026	6/12/2026	6/13/2026
6/14/2026	6/15/2026 Youth Track Practice 6:00 - 7: 30 PM	6/16/2026 Youth Track Practice 6:00 - 7:30 PM	6/17/2026 Youth Track Meet at ?? 5:30 pm	6/18/2026	6/19/2026	6/20/2026
6/21/2026	6/22/2026	6/23/2026 Youth Track Practice 6:00 - 7: 30 PM	6/24/2026 Youth Track Meet at ?? 5:30 pm	6/25/2026	6/26/2026	6/27/2026