

ELK RIVER YOUTH TRACK CAMP



Elk River High School Coaches and Varsity Athletes will instruct boys and girls in grades 3rd, 4th, 5th, and 6th (based on 2020/2021 school year) in a variety of Track and Field Events. 2nd Graders can participate in the camp, but understand they will compete in the 3rd grade division.

Week #1

Monday & Tuesday, June 21th & 22nd

Practice at Meadowvale Elementary from 6:00 - 7:30 PM

Wednesday, June 23rd

Week #2:

Monday & Tuesday, June 28th & 29th

Practice at Meadowvale Elementary from 6:00 - 7:30 PM

Wednesday, June 30th

Athletes should dress in running shoes, t-shirt, shorts, & layers if needed. They will also need to bring a water bottle to practice. Wear Track issued T-shirt to both meets.

All Practices will meet at the picnic shelter near the Meadowvale Elementary parking lot.

In case of severe weather practice will be canceled.

We will also follow any CDC guidelines that are in effect at this time.

For more information visit our website: www.elkrivetrack.org (click on Youth Track section)

ELK RIVER TRACK CAMP REGISTRATION

Track Camp Fee: \$45 (Includes T-shirt)

Registration Deadline: June 15, 2021. Late registrations will be taken the first week of camp with a \$5.00 late fee.

Mail Registration and Payment to:

Elk River Track Club
% Russ Gnan
5990 145th Lane NW
Ramsey, MN 55303

If you have any further Questions, please contact John Auel at 763-438-9228 or email:
j_auel@yahoo.com

Name: _____

2021/2022 Grade: _____

Parent's Name and Phone Numbers:

Contact Email Address: _____

T-Shirt Size (Circle one) YM YL AS AM AL AXL

Medical Condition or Allergies: Yes or No If Yes, Please explain: _____

I hereby confirm that my child is in good physical health and may participate and compete in vigorous activity. I authorize Elk River Track Camp Staff to secure emergency medical treatment deemed necessary and waive and release Elk River Track Camp and Staff from any liability for injuries or damage of any kind sustained by my child at Elk River Track Camp.

Parent/Guardian Signature: _____